

The Living Word

The Ascension of the Lord, Year A

17 May 2026

First Reading Acts 1:1-11

Why are you standing here looking into the sky? Jesus has been taken into heaven.

In my earlier work, Theophilus, I dealt with everything Jesus had done and taught from the beginning until the day he gave his instructions to the apostles he had chosen through the Holy Spirit, and was taken up to heaven. He had shown himself alive to them after his Passion by many demonstrations: for forty days he had continued to appear to them and tell them about the kingdom of God. When he had been at table with them, he had told them not to leave Jerusalem, but to wait there for what the Father had promised. 'It is' he had said, 'what you have heard me speak about: John baptised with water but you, not many days from now, will be baptised with the Holy Spirit.'

Now having met together, they asked him, 'Lord, has the time come? Are you going to restore the kingdom to Israel?' He replied, 'It is not for you to know times or dates that the Father has decided by his own authority, but you will receive power when the Holy Spirit comes on you, and then you will be my witnesses not only in Jerusalem but throughout Judaea and Samaria, and indeed to the ends of the earth.'

As he said this he was lifted up while they looked on, and a cloud took him from their sight. They were still staring into the sky when suddenly two men in white were standing near them and they said, 'Why are you men from Galilee standing here looking into the sky? Jesus who has been taken up from you into heaven, this same Jesus will come back in the same way as you have seen him go there.'

Responsorial Psalm

Ps 46:2-3. 6-9. R. v.6

*(R.) God mounts his throne to shouts of joy:
a blare of trumpets for the Lord.
or*

(R.) Alleluia.

1. All peoples, clap your hands,
cry to God with shouts of joy!
For the Lord, the Most High, we must fear,
great king over all the earth. (R.)
2. God goes up with shouts of joy;
the Lord goes up with trumpet blast.
Sing praise for God, sing praise,
sing praise to our king, sing praise. (R.)

3. God is king of all the earth.
Sing praise with all your skill.
God is king over the nations;
God reigns on his holy throne. (R.)

Second Reading Eph 1:17-23

He made Jesus to sit at his right hand in heaven.

May the God of our Lord Jesus Christ, the Father of glory, give you a spirit of wisdom and perception of what is revealed, to bring you to full knowledge of him. May he enlighten the eyes of your mind so that you can see what hope his call holds for you, what rich glories he has promised the saints will inherit and how infinitely great is the power that he has exercised for us believers. This you can tell from the strength of his power at work in Christ, when he used it to raise him from the dead and to make him sit at his right hand, in heaven, far above every Sovereignty, Authority, Power, or Domination, or any other name that can be named, not only in this age, but also in the age to come. He has put all things under his feet, and made him, as the ruler of everything, the head of the Church; which is his body, the fullness of him who fills the whole creation.

Gospel Acclamation Mt 28:19. 20

Alleluia, alleluia!

Go and teach all people my gospel.

*I am with you always, until the end
of the world.*

Alleluia!

Gospel Mt 28:16-20

All authority in heaven and on earth has been given to me.

The eleven disciples set out for Galilee, to the mountain where Jesus had arranged to meet them. When they saw him they fell down before him, though some hesitated. Jesus came up and spoke to them. He said, 'All authority in heaven and on earth has been given to me. Go, therefore, make disciples of all the nations; baptise them in the name of the Father and of the Son and of the Holy Spirit, and teach them to observe all the commandments I gave to you. And know that I am with you always; yes, to the end of time.'



Reflection by Fr Michael Tate

Our Risen Lord Jesus Christ could have continued to appear to groups of followers, century after century – until now!

But, he didn't, because the disciples had to be weaned of his Risen-mode of appearance among them lest they think that the victory over Death is meant for human beings alone.

But, as St Paul says, the Risen Lord is the One who 'fills all creation' with His power radiating out from his Risen Humanity.

However, dis-appearance is not the same as absence. We believe that Our Risen Lord is present in many modes, including as St Paul says '... the Church which is His Body'.

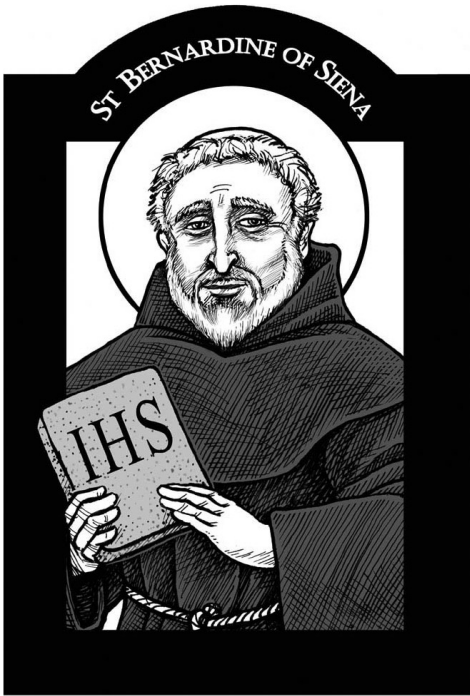
That is why the figures in white rebuke the disciples: 'Why do you stand looking into Heaven?'

The Disciples had, rather, to ready themselves to be the Spirit-filled body of Jesus Christ in their own time and place. As we do.

We might pause for a moment to stop staring into Heaven, to ready ourselves to receive the Holy Spirit as at Pentecost in order to be 'The Church which is His Body.'

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How many words can you make from the letters in the word ASCENSION?

St Bernardine was the son of the governor of Siena. He was orphaned at age six and was brought up by his aunt. He became a Franciscan friar at the age of twenty two and travelled all over Italy, preaching several sermons a day to large crowds. He is remembered for his devotion to the Holy Name of Jesus. At the end of his sermons he would hold up for veneration a plaque on which he wrote IHS - the Greek translation of 'Jesus'. Through his preaching, Bernardine was responsible for a vast number of conversions to Christianity. In 1437 he became the vicar-general of the Observant branch of the friars, during which time the number of Observants rose tenfold due to his popularity. After establishing theology schools for the friars, he returned to his favourite task of preaching at the age of sixty three, but died a year later on the 20th of May.

Crossword



Across

- 1: the high place where Jesus told his disciples to meet him
- 5: gave thanks and praise to God
- 7: all things
- 11: large groups of people that belong to different countries
- 12: educate

Down

- 2: power over others
- 3: didn't believe
- 4: God's Kingdom
- 6: the number of disciples who witnessed Jesus' ascension into heaven
- 8: the name of the town where Jesus met his disciples
- 9: our world
- 10: finish

