



# CORPUS CHRISTI PARISH

## South Tuggeranong



"HE WHO YOU WERE MEANT TO BE AND YOU WILL SET THE WORLD ON FIRE"  
ST CATHERINE OF SIENA

Holy Family Church (HFC) and Office  
167 Bugden Avenue, Gowrie ACT 2904

Sacred Heart Church (SHC)  
100 Casey Cres, Calwell ACT 2905

Parish Suburbs: Banks, Calwell, Chisholm, Conder, Fadden, Gilmore, Gordon, Gowrie, Isabella Plains, Macarthur, Richardson, Theodore, Tharwa & rural surrounds in ACT.

Parish Schools: St Clare of Assisi, Conder; St Francis of Assisi, Calwell; Early Learning Centre - SFA, Holy Family School, Gowrie; Early Learning Centre - HFS, St Mary Mackillop College - Isabella and Wanniasa Campuses.

Website: <https://ccparish.org.au/>  <https://www.facebook.com/CCPTuggeranongSouth/>  
Read our Parish Bulletins here: <https://ccparish.org.au/about-us/bulletin/>  
Mass Sunday Livestream: <https://www.youtube.com/@corpuschristisouthtuggeran8526/streams>

PARISH PRIEST  
Fr Simon Falk  
simon.falk@cg.org.au  
ASSISTANT PRIEST  
Fr Mark Ha  
mark.ha@cg.org.au  
DEACON - Dcn Matt Ransom  
PARISH OFFICE  
Evelyn Pond 9-1 Tues to Fri  
Inoka Fernando 9-1 Thurs/Fri  
  
Ph: 02 6291 6688  
Tuggeranongsouth@cg.org.au

## 7 & 8 March 2026

### 3rd Sunday of Lent

#### What is happening this week?

<b>Fri 6th Mar</b> <i>Ember Day (Autumn)</i>	05:00pm 05:30pm 06:00pm	HFC HFC HFC	Adoration Stations of the Cross Mass
<b>Sat 7th Mar</b> <i>Sts Perpetua &amp; Felicity</i>	09:00am 09:30am 10:00am 05:00-05:30pm 06:00pm	SHC HFC HFC HFC HFC	Mass Social Gardening Group First Rite of Reconciliation First Rite of Reconciliation Reconciliation Commitment Mass (1st Scrutiny - Baptisms, RCIA)
<b>Sun 8th Mar</b> <i>3rd Sunday of Lent</i>	08:00am 10:00am  11:30am 05:00-05:30pm 06:00pm	HFC HFC  HFC HFC HFC	Reconciliation Commitment Mass Reconciliation Commitment Mass (1st Scrutiny - Baptisms, RCIA) (livestreamed) Baptisms First Rite of Reconciliation Reconciliation Commitment Mass
<b>Mon 9th Mar</b> <i>St Frances of Rome (Canberra Day Holiday)</i>	Office closed. 09:00am 07:00-08:15pm	Parish Centre HFC	RCIA Parish Lenten Program
<b>Tues 10th Mar</b>	04:00-05:00pm 05:30pm 06:30-07:30pm	Parish Centre HFC HFC	RCITeen Mass Parish School of Religion
<b>Wed 11th Mar</b>	09:30am 11:00am 05:30-06:00pm 07:00pm	SHC HFC HFC Parish Centre	Mass followed by Rosary Funeral for Lucas De Arellano Novena with Nestor RCIA
<b>Thurs 12th Mar</b>	07:00am 10:30am	HFC Warrigal	Mass Mass
<b>Fri 13th Mar</b>	05:00pm 05:30pm 06:00pm	HFC HFC HFC	Adoration Stations of the Cross Mass



SACRAMENTAL CO-ORDINATOR  
Orla Rutledge  
tuggeranongsouth.sacraments@cg.org.au

PARISH PASTORAL COUNCIL  
Rachel Kennedy (Chair)  
tuggeranongsouth.ppc@cg.org.au

PARISH FINANCE COUNCIL  
Gerard Heffernan (Chair)

PASTORAL CARE CO-ORDINATOR  
Agnes Miller (volunteer)  
Barb Cologon (volunteer)

PARISH SAFEGUARDING VOLUNTEERS  
Anne Gowen  
Kristy Everding  
tuggeranongsouth.safeguarding@cg.org.au

YOUTH CO-ORDINATORS  
Sophia Kesina and Dannica Mathias.  
tuggeranongsouth@cg.org.au

PARISH SCHOOL OF RELIGION CO-ORDINATOR  
Kim Peisley (volunteer)

PARISH SCHOOLS

ST CLARE OF ASSISI  
CONDER  
Matt Egan-Richards (Principal)  
Phone: 6294 1860

ST FRANCIS OF ASSISI  
CALWELL  
Sean Rutledge (Principal)  
Phone: 6292 4500

EARLY LEARNING CENTRE  
SFA CALWELL  
Gabrielle Adams (Director)  
Phone: 02 6292 4500

HOLY FAMILY  
GOWRIE  
Kate Markcrow (Principal)  
Phone: 6292 1222

EARLY LEARNING CENTRE  
HFS GOWRIE  
Jessica Stammers (Director)  
Phone: 6292 7932

ST MARY MACKILLOP COLLEGE  
ISABELLA PLAINS & WANNIASSA  
Jacqueline Heffernan (Principal)  
Phone: 6209 0100

#### Parish Safeguarding Commitment:

Corpus Christi Parish is committed to safeguarding and upholding the dignity and rights of all of our children and vulnerable people. We seek to empower children, their families and carers, and vulnerable people, to have a say, to be listened to, and to be protected. This approach is at the center of all of our thinking and action. For more information, visit the Canberra Archdiocesan website at: <https://cgcatholic.org.au/professional-standards>.

Communicating Concerns: Parishioners are encouraged to raise any concerns they may have by emailing Fr Simon or the Parish Office. Alternately, please phone the Parish Office to organise a time to talk with Fr Simon. Specific safeguarding issues can also be emailed to Maria Hicks, Manager for the Archdiocese's Institute for Professional Standards & Safeguarding (IPSS) by emailing [ipss@cg.org.au](mailto:ipss@cg.org.au) or phone 02 6239 9806.



## LENT

### Fridays During Lent at HFC

5:00pm Adoration

5:30pm, Stations of the Cross

6:00pm Mass

### The First Rite of Reconciliation at HFC

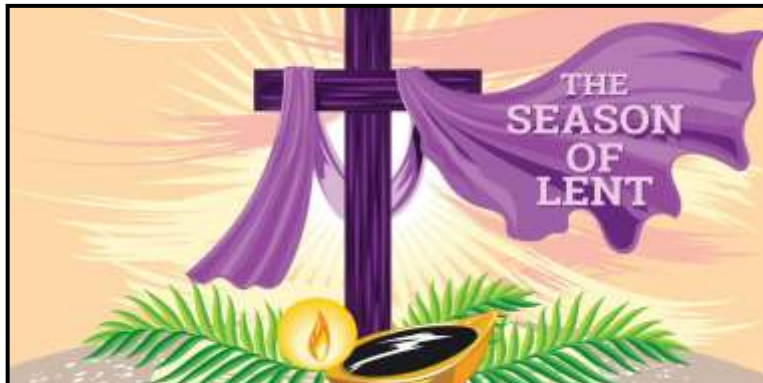
Each Saturday 10:00-11:00am

and 05:00-05:30pm

Sundays from 5:00pm to 5:30pm

### The Second Rite of Reconciliation

Will be on Wednesday 25th March at 7pm



**Sr Rita Fitt Memorial Service** will be held on Saturday, 21 March, 10am-11.30am in the Assisi Room, Calwell. This simple gathering will consist of a short liturgy and special memories of Rita shared by those who knew and loved her. We will finish with morning tea to chat and reminisce. Please bring a memory of Rita to share with the group, and/or a photo if you have one. A small plate of food would be welcome.

Please share this invite with others who might be interested. RSVP - text your name to Sharon on 0411 730 936.

### **Friendship Coffee Next Weekend:**

The Corpus Christi Parish Social Justice Group is selling East Timor Friendship Coffee after the Masses next weekend on 14 and 15 March. The money raised from the coffee sales will go towards supporting the farmers who grow the coffee. It will also pay the salary of a Braille teacher, Prisca Júlia Meluk de Jesus Lobu, at the Fuan Nabilan Education Centre for Blind and Vision Impaired students, and for tuition fees for Domancia who is studying to become a teacher. Don't miss out on the chance to buy our 250g bags of coffee beans and ground coffee for only \$10 each. Let's make a difference together!

### **RCIA, First Scrutiny**

This weekend, our RCIA Candidates will be receiving the First Scrutiny at 6:00pm Mass on Saturday and 10:00am Mass on Sunday. Prayerful congratulations to all of them for their new journey with our Lord!

### **Eucharistic Renewal and the International Eucharistic Congress 2028**



The International Eucharistic Congress 2028

('Eucharist28') will be hosted in Sydney. This will be a moment of profound joy for the whole Church of Australia as we welcome pilgrims from across the globe, including the Holy Father, Leo XIV. To prepare well for this important event, and to ensure that we do not let this opportunity slip by, each of us as members of the Catholic community here in Australia are invited to enter into a time of personal and communal reflection and prayer by focusing our attention on the Congress Theme: 'This is My Body, Given for You'.



**Third Sunday of Lent**  
7-8 March 2026

**Monoranjon** lives in a village in Bangladesh close to the sea, where floods and storms often damage his crops and his home. With support from Project Compassion, he learnt climate-resilient farming techniques and new ways to diversify his income, helping his family survive and build a safer, more sustainable future.



**Please donate today.**

You can support Project Compassion 2026 through the donation boxes, envelopes or by scanning the QR code.

**Or online at:** [www.projectcompassion.org.au/donate](http://www.projectcompassion.org.au/donate)

**Or by calling:** 1800 024 413

Thank you for standing with us,  
as we *Unite Against Poverty this Lent.*

### **EUCHARIST28 Prayer**

Lord Jesus Christ, we thank you  
for the gift of your real presence  
in the Sacrament of the Holy Eucharist.

Grant us the grace  
to receive you reverently, worship you truly  
and serve you with hearts renewed.

By the power of the Holy Spirit strengthen us,  
so that as you gave yourself to the Father  
and to us, we too may offer our lives to God  
and to others.

Inspire and help us to serve you in those  
who are in need, especially  
the defenceless and homeless,  
the lonely and lost.

Unite us with your sacrifice of the Mass,  
so that we may truly become  
what we have received, the Body of Christ.

Amen.

N.B: Eucharist28 Prayer Cards are available in the Church Foyer. We invite our Parishioners to take a Eucharist28 Prayer Card with you and unite in prayer, asking the Lord to transform our hearts through the Eucharist.

For more info, please visit: [eucharist28.org](http://eucharist28.org)

# Lent, Holy Week and Easter



## Volunteer Sign on sheets

All are welcome

The volunteer sign on sheet for Liturgical rosters, working bee tasks and washing of the feet are located HFC foyer, if you are available to help please write your details next to your chosen task.

### Liturgical Rosters

For Holy Thursday Night, Good Friday, Easter Vigil and Easter Sunday morning Masses .

### Working Bee tasks



Holy Thursday, 2nd April at 9:30-11:00am. It would be great to have the Holy Family Church looking its best for Easter. Please write your name on the list in the foyer.

### Washing of the Feet

We need 12 volunteers to have their feet washed during the Holy Thursday Mass please. Jesus said to Peter *If I do not wash you, you can have nothing in common with me.*



### Flowers for Holy Thursday and Easter

If you would like to donate some of your flowers, they would be greatly appreciated. Please bring them to HFC foyer on Holy Thursday, 2nd April from 9:30-11:00am and for Easter Vigil on Saturday morning, the 4th April. Buckets with water will be waiting. If you can help us in arranging flowers that would be greatly appreciated.

### Holy water bottles for Easter Vigil Mass

Fresh holy water will be available for you to bring home after the Easter Vigil Mass. Bring your own very small bottle to collect some in at any time after that.

Intoning of Gloria You are welcome to bring your own small bell to ring for the duration of the Gloria at Holy Thursday and Easter Vigil.

### Fridays During Lent at HFC

5:00pm Adoration  
5:30pm, Stations of the Cross  
6:00pm Mass

### The First Rite of Reconciliation

Each Saturday 10:00-11:00am  
and 05:00-05:30pm at HFC  
Each Sunday evening at 5:00pm

The Second Rite of Reconciliation  
Wednesday 25th March, 7:00pm at HFC  
A number of priests will be available.  
Put it into your diary!

### The Easter Triduum

Holy Thursday 2nd April  
7pm, **Mass of the Lords' Supper**  
then Adoration till 10:00pm  
At Holy Family Church, Gowrie

Good Friday, 3rd April  
11am, Stations of the Cross  
At Holy Family School Grounds.  
3pm, The Passion & Death of our Lord followed  
by First Rite Reconciliation  
At Holy Family Church, Gowrie.

Easter Masses - Holy Family Church  
4th April, Saturday Vigil @ 7pm  
5th April, Sunday @ 8am & 10am

Please note that there is no mass at 6pm on Easter Sunday.

## ARCHDIOCESE EVENT NOTICES

### **10 March | Evening of Dialogue with Fr Laurence Freeman OSB | 7:00pm**

English monk **Fr Laurence Freeman OSB**, director and spiritual guide of the World Community for Christian Meditation (WCCM) will be leading **An Evening of Dialogue** (hosted by Genevieve Jacobs AM) at Marist College, Pearce ACT (7 to 8.30pm **Tuesday 10 March**). Fr Laurence is in Canberra at the invitation of Archbishop Christopher Prowse, There is no cost for the 10 March gathering at Marist, but **please register [HERE](#)** or by email to [nathanahearne@mcc.act.edu.au](mailto:nathanahearne@mcc.act.edu.au) Further info: contact - [rod@rodpage.com](mailto:rod@rodpage.com)

### **12 March | ALIVE: BBQ & Praise Night | 6:00 – 9:00pm**

Join us for a BBQ dinner and praise night at ALIVE - a time to deepen your faith and gather as a young adult community. Whether you're seeking renewal, encouragement, or simply a moment to pause and encounter God, this night is for you. Who: Young Adults (18 - 35) Date: Thursday 12th March 2026 Time: 6pm - 9pm Location: ACU Signadou Chapel, Ground Level, Building 302 - 223 Antill Street, Watson For any enquiries, please contact Ethan on 0413 545 808.

### **Position Vacant – Parish Officer Narooma-Cobargo Parishes**

People are invited to apply for the position of **Parish Officer** for **Our Lady of Good Counsel Parish Cobargo, and Star of the Sea Parish Narooma**. This is a **permanent part time position of 10 hours per week** and will be based in the Parish Office, Narooma. Employment conditions are subject to Clerks Award. For a copy of the Duty Statement please email Leanne Boyd, Parish Support Manager [leanne.boyd@cg.org.au](mailto:leanne.boyd@cg.org.au) Applications addressing the Selection Criteria and current CV to be sent to Fr George Azhakath, Parish Priest [george.azhakath@cg.org.au](mailto:george.azhakath@cg.org.au) by CoB Friday **20 March 2026**.

### **Looking for flexible work - and a chance to support persecuted Christians?**

Aid to the Church in Need (ACN) Australia is seeking a Diocesan Outreach Assistant to give short presentations at weekend Masses across the Archdiocese of Canberra and Goulburn This part-time role involves sharing stories of the suffering Church and helping build prayerful support within parish communities. If you are comfortable speaking in front of others and have a heart for this mission, we would love to hear from you. For details: [www.aidtochurch.org/work](http://www.aidtochurch.org/work)

**BAPTISM:** We welcome Hudson, Emma, Lily, Charlie, Lilah & Nicholas into our Parish Community as they celebrate the sacrament of Baptism this weekend.

**RECENTLY DECEASED:** Kathleen Armstrong, Lucas de Arellano, Thelma Clothier, Elaine Plumb, Josephine Jarrett, Rafael Santos, Hector Portillo, Florencia Davila, Hector Palomino, Greg Thornton, Fr Frank Fuchs, Adam Rennick, Wilma Nardi, Shiron, Scott McMahon, Patrick Bibrowicz, Flavia Peresan, Lynette Tankey, Kevin O’Shea, Maria Perre, Gerard Estrop, Paul Robertson, Dorothy Strickland, St Aileen Wailes RSM (Yass/Goulburn), Marie Smith, Joan Brearley, Sr. Elizabeth “Liz” West, Patricia Andrew, Patricia Betts, Tony Sayer, Denis O’Brien, John Luan Nguyen, Matthew McGrail-Penca; Wade Lovekin, Bishop Pat Power, Debra Bayley, Col Berryman, Dr Neil Harrigan, Patricia Patterson, Ofelia Co, Anna Ivec, Dennis Tarbuck, Dennis Sleigh, David Haire, Teresa Maiuto and Steven Gleeson. *May they rest in peace.*

**SICK:** *We pray for...* John & Adrien Velasco, Beryl Adams, Dorothy Swann, Pam Johnston, Megan Mann, Nicholas Stokes, Michael Weir, Fr Michael Mullen, Tom Davies, Nan Falson, Perry Hardman, Kaye Carrett, Lynn McMahon, Janice Lapworth, Alan Minjoot, Patricia Davies (a.k.a. Dr. P. Hilton), Harold Palmer McCann, Monique Hall, Bob Curtis, Monica Nulley-Valdes, Christopher Price, Geoff Cobden, Judy Reid, Anthony Kelly, Ray Brown, Adrien Samuel, Maureen King, Sue, Johanna, Cassandra, Maverick Tracey, Francis Cheong, Christine Hall, Peter Maguire, Shona Johnstone, Brian Armstrong, Karen Nixon, Maurice and Vivienne Muscat, Annie Chamberlain, Jenny Keen, Wendy Roberts, Patrick Roberts, Harry Parvizi, Margaret Holberton, Gavin O’Brien, Flora Martone, June Lever, Hannah Thomas, Karen Nguyen, Delia Alexander, Jessica Bernadette Elena, Howard Murray, Diane Savage, Barbara Savage, Zenilda Gama, Ayla Haragli, Judith & Werner Kley, Melvyn & Cheryl Nerva, Merle Shep, Dot Pestana, Margaret Latham, *and all our sick family members, friends and parishioners.*

**BOOK OF REMEMBRANCE:** *During March we remember...* John Cydney Ross Velasco, George Borg, Judith Huthnance, Therese Neal, Gregory Quintanilla, Miguel Cruz, Peter Bryant, Emily Deidre Kelly, Theresia Schmidt, Emiliana Tagaza, Michael Herron, Julio Cruz, Peter Duffy, Wally Kulesza, Lilia Rocafort, Peter Duffy, Maria Vu, Joan Lawler, Gerlie Soriano, Charles Crossley, Harold Clegg, Jozo Mijoc, Alan Sirr, Norma Noonan, Margaret Richmond, Manuel Marquez, Will Lipscombe, Bro. Frank ‘Barney’ Garvan cfc, Matt Daly, Neil Carmichael, Dorothy Schultz, Michelle Rose, Kathleen Stevens, John Morgan, Peter Morgan, Kathleen Winter, Lester Blewitt, Heinz Schmidt, Peter Owen, Annesley Crowe, Frank Thomas, Roy Lapworth. *and all of our loved ones who have gone before us marked with the sign of faith.*  
*If you wish to have your loved one entered into our Book of Remembrance and remembered each year, you will find a form in the foyer.*

Roster 7th & 8th March 2026— 2nd Sunday of the Month					NEXT WEEK Roster 14th & 15th March 2026— 3rd Sunday of the Month			
	Saturday 6pm	Sunday 8am	Sunday 10am	Sunday 6pm	Saturday 6pm	Sunday 8am	Sunday 10am	Sunday 6pm
Acolyte/ Senior Server	<b>Tom</b>	<b>Nestor</b>	<b>Geoff</b>	<b>George</b>	Raul	Roehl	David	Tom
Altar Servers	<b>Alan R Michael W</b>	<b>Quinn L-J Riley L</b>	<b>Hannah C Liam V</b>	<b>Lily B Edward M Chwoy A</b>	Hunter E Neria V	Chloe M Patrick M Jacob M	Chloe W Holly W	James W Joshua D
Readers	<b>Anne G Megan B</b>	<b>Erica D Mike K</b>	<b>Peter D Monique E</b>	<b>Adeline P Beth L</b>	Ann R Lynn B	Judy B Alwyn D	Maritess V Catherine D	Christine W Paddy M
Music/DPO	<b>CfC Ester D DPO Rudy S</b>	<b>Lorna G Jim R DPO Angus</b>	<b>Matt &amp; Gail W DPO Chloe W</b>	<b>Michelle W Graham &amp; Brigita</b>	Pete S DPO Michael B	Lorna G Geoff R DPO Han T	Jeremiah W DPO Samuel W	Gerard & Bianca
Offertory Procession	<b>volunteers</b>	<b>Agnes M</b>	<b>Velasco family</b>	<b>Beasley family</b>	Enna & Vic	Lau family	Walker family	<b>volunteers</b>
Eucharistic Ministers	<b>Roehl O Mark P</b>	<b>Gerry K Angie N</b>	<b>Bernadette R</b>	<b>Paddy M Tiffany R</b>	Lyz A Esther O	Trudy D Veronica M	Jane C Don V	Claudia M Meg T
Children’s Liturgy	<b>Susan S Amy S</b>	<b>vacant</b>	<b>vacant</b>	<b>vacant</b>	Kristy E	<b>vacant</b>	<b>vacant</b>	<b>vacant</b>
Cuppas	<b>vacant</b>	<b>Andrea Val</b>	<b>Lavinia &amp; family</b>	<b>vacant</b>	<b>vacant</b>	Alice Aurora	Jane David	<b>vacant</b>
Collector bags & clear boxes	<b>Christine O</b>	<b>Angie N</b>	<b>Omar H Maryanne</b>	<b>Brett L</b>	Edna S	Jason Lau Alice Lau	Gayle M	Paul W
Sanigun after Mass	<b>volunteers needed</b>	<b>volunteers needed</b>	<b>Omar &amp; Maryanne</b>	<b>volunteers needed</b>	<b>volunteers needed</b>	<b>volunteers needed</b>	Geoff	<b>volunteers needed</b>

If you wish to contribute monetarily to our parish we thank you. There is a number of ways that you can do it. via **Direct Debit**, you will find the forms at the entrance table in the foyer.

The blue Direct Debit Request is for the Central Presbytery Fund (1st Collection) and the Pink Direct Debit Request is for the Church (2nd Collection).

By **Credit-Card**, the yellow form is for the Presbytery Fund (1st Collection) and the purple form is for the Church Account (2nd Collection).

Alternatively you can donate using your credit-card via Qkr! or use the tap machines in the foyer of the church,

On our website at <https://www.bpoint.com.au/payments/corpuschristiparish>

Or **Cash** donations are collected at the metal collection points and with collection bags during mass. *We are very grateful for your donation.*