



# CORPUS CHRISTI PARISH

## South Tuggeranong



"BE WHO YOU WERE MEANT TO BE AND YOU WILL SET THE WORLD ON FIRE"  
ST CATHERINE OF SIENA

Holy Family Church (HFC) and Office  
167 Bugden Avenue, Gowrie ACT 2904

Sacred Heart Church (SHC)  
100 Casey Cres, Calwell ACT 2905

Parish Suburbs: Banks, Calwell, Chisholm, Conder, Fadden, Gilmore, Gordon, Gowrie, Isabella Plains, Macarthur, Richardson, Theodore, Tharwa & rural surrounds in ACT.

Parish Schools: St Clare of Assisi, Conder; St Francis of Assisi, Calwell; Early Learning Centre - SFA, Holy Family School, Gowrie; Early Learning Centre - HFS, St Mary Mackillop College - Isabella and Wanniasa Campuses.

Website: <https://ccparish.org.au/>  
Read our Parish Bulletins here: <https://www.facebook.com/CCPTuggeranongSouth/>  
<https://ccparish.org.au/about-us/bulletin/>  
Mass Sunday Livestream: <https://www.youtube.com/@corpuschristisouthtuggeran8526/streams>

PARISH PRIEST  
Fr Simon Falk  
simon.falk@cg.org.au  
ASSISTANT PRIEST  
Fr Mark Ha  
mark.ha@cg.org.au  
DEACON - Dcn Matt Ransom  
PARISH OFFICE  
Evelyn Pond 9-1 Tues to Fri  
Inoka Fernando 9-1 Thurs/Fri  
Ph: 02 6291 6688  
Tuggeranongsouth@cg.org.au

## 7 & 8 February 2026

### 5th Sunday Ordinary Time

### What is happening this week?

<b>Fri 6th Feb</b> <i>St Paul Miki &amp; Companions</i>	05:00-06:00pm 06:00pm	HFC HFC	Adoration Mass
<b>Sat 7th Feb</b>	09:00am 09:30am 10:00am 05:00-05:30pm 06:00pm	SHC HFC HFC HFC HFC	Mass Social Gardening Group Reconciliation Reconciliation Mass
<b>Sun 8th Feb</b> <i>5th Sunday in Ordinary Time</i>	08:00am 10:00am 11:30am 05:00-05:30pm 06:00pm	HFC HFC HFC HFC HFC	Mass Mass (livestreamed) Baptisms Reconciliation Mass
<b>Mon 9th Feb</b>	Office closed.		
<b>Tues 10th Feb</b> <i>St Scholastica</i>	05:30pm 06:30-7:30pm	HFC HFC	Mass Parish School of Religion
<b>Wed 11th Feb</b> <i>Our Lady of Lourdes</i>	09:30am 01:00-02:30pm 05:30-06:00pm 07:00pm	SHC Parish Centre HFC Parish Centre	Mass followed by Rosary Widow's Friendship Gathering Novena with Nestor RCIA
<b>Thurs 12th Feb</b>	07:00am 10:30am	HFC Warrigal	Mass Mass
<b>Fri 13th Feb</b>	05:00-06:00pm 06:00pm	HFC HFC	Adoration Mass



SACRAMENTAL CO-ORDINATOR  
Orla Rutledge  
tuggeranongsouth.sacraments@cg.org.au

PARISH PASTORAL COUNCIL  
Rachel Kennedy (Chair)  
tuggeranongsouth.ppc@cg.org.au

PARISH FINANCE COUNCIL  
Gerard Heffernan (Chair)

PASTORAL CARE CO-ORDINATOR  
Agnes Miller (volunteer)  
Barb Cologon (volunteer)

PARISH SAFEGUARDING VOLUNTEERS  
Anne Gowen  
Kristy Everding  
tuggeranongsouth.safeguarding@cg.org.au

YOUTH CO-ORDINATORS  
Sophia Kesina and Dannica Mathias.  
tuggeranongsouth@cg.org.au

PARISH SCHOOL OF RELIGION CO-ORDINATOR  
Kim Peisley (volunteer)

PARISH SCHOOLS

ST CLARE OF ASSISI  
CONDER  
Matt Egan-Richards (Principal)  
Phone: 6294 1860

ST FRANCIS OF ASSISI  
CALWELL  
Sean Rutledge (Principal)  
Phone: 6292 4500

EARLY LEARNING CENTRE  
SFA CALWELL  
Gabrielle Adams (Director)  
Phone: 02 6292 4500

HOLY FAMILY  
GOWRIE  
Kate Markcrow (Principal)  
Phone: 6292 1222

EARLY LEARNING CENTRE  
HFS GOWRIE  
Jessica Stammers (Director)  
Phone: 6292 7932

ST MARY MACKILLOP COLLEGE  
ISABELLA PLAINS & WANNIASSA  
Jacqueline Heffernan (Principal)  
Phone: 6209 0100

#### Parish Safeguarding Commitment:

Corpus Christi Parish is committed to safeguarding and upholding the dignity and rights of all of our children and vulnerable people. We seek to empower children, their families and carers, and vulnerable people, to have a say, to be listened to, and to be protected. This approach is at the center of all of our thinking and action. For more information, visit the Canberra Archdiocesan website at: <https://catholic.org.au/professional-standards>.

Communicating Concerns: Parishioners are encouraged to raise any concerns they may have by emailing Fr Simon or the Parish Office. Alternately, please phone the Parish Office to organise a time to talk with Fr Simon. Specific safeguarding issues can also be emailed to Maria Hicks, Manager for the Archdiocese's Institute for Professional Standards & Safeguarding (IPSS) by emailing [ipss@cg.org.au](mailto:ipss@cg.org.au) or phone 02 6239 9806.



**SACRAMENTAL ENROLMENT 2026  
CORPUS CHRISTI PARISH  
SOUTH TUGGERANONG**

**Dear families of Years 3, 4, 5 & 6 students, this is important information regarding the 2026 sacramental enrolment period. ALL SACRAMENTS of Reconciliation, Eucharist and Confirmation will have an enrolment period in TERM 1, 2026.**

**Enrolments- OPENED Tuesday 3<sup>rd</sup> February and CLOSE Friday 20<sup>th</sup> February  
Unfortunately, we are unable to accept late enrolments this year.**

Please enrol your child via the South Tuggeranong Parish tab on the Qkr! App



**Parish Lenten Program 2026:**

You are welcome to register for the upcoming Lenten program which will commence on Monday, 16 Feb at 7pm-8.15pm in Holy Family Church and continue on Monday evenings 23 Feb and 2, 9, 16 & 23 March. Registration forms are in the foyer or you can email the parish office or Sharon Brewer, who will be facilitating the evenings, [shazbrew@internode.on.net](mailto:shazbrew@internode.on.net). A donation of \$10 to cover the book would be appreciated, and can be paid when the program commences. We will be using the program from Wollongong Diocese. The night will comprise Scripture, prayers, reflection time, small group discussion and a simple supper. If you can't make every night, that's okay. We hope this is an opportunity for you to grow in faith and community during the Lenten season.



**QKR! Enrolments for Parish School of Religion and the Sacraments are done online using Qkr!**

*Either on your home computer:*

Go to <https://qkr-store.qkrschool.com/store/#/home> and sign up.

Or the QKR! App on your **mobile device**/smartphone

Search for Qkr! in your app store and download / install.

Search for South Tuggeranong (our parish logo will show).

Create a profile (name, credit / debit card). You will then be able to

see the menu for enrolment. Your child's enrolment is complete when you receive an acknowledgement email. The Parish School of Religion begins on 10th of February.

Please contact the parish office if you have any questions.

**To all Volunteers...**

If you have not taken 'God's Word Reflection Book 2026' yet, please collect it from Children's Liturgy Room.

Please note: one book per family.

**Corpus Christi Footy Tipping competitions**

Lent is almost upon us. Almost as important is that the Footy season is just around the corner as well. The parish runs two footy tipping competitions, one for AFL and another one for NRL. The purpose is to promote community connection and for charity. There is prize money as well. If you would like to participate contact John Brewer on [Johnbrew@internode.on.net](mailto:Johnbrew@internode.on.net) to find out more.

**The Widow's Friendship Group**

will meet on Wednesday, 11 February 2026 at 1pm in the Parish Centre at Gowrie. Please bring a plate to share.

**Friendship Coffee Next Weekend:**

The Corpus Christi Parish Social Justice Group is selling East Timor Friendship Coffee after the Masses **next weekend on 14 and 15 February**. The money raised from the coffee sales will go towards supporting the farmers who grow the coffee. It will also pay the salary of a Braille teacher, Prisca Júlia Meluk de Jesus Lobu, at the Fuan Nabilan Education Centre for Blind and Vision Impaired students, first aid equipment at Fuan Nabilan and building a home in Kerala.

Don't miss out on the chance to buy our 250g bags of coffee beans and ground coffee for only \$10 each. Let's make a difference together!

**Parish Youth Co-ordinators 2026**

**Join a Community of faith, formation & Mission**

Parish Youth Co-ordinators work in teams in local parishes, employed from 2.5hrs - 5hrs per week. They gather throughout the year with young adults, priests and mentors for formation and prayer.

**Make a difference - Apply before Feb 28**

Jump into the opportunity to serve in the life of the Church, develop leadership skills, and make a meaningful difference in lives and faith of others, while you work, study or take a gap year.

[cgevangalisation.org.au/parish-youth-coordinator](http://cgevangalisation.org.au/parish-youth-coordinator)

*Info Night*  
**EXPLORING FAITH**  
TUESDAY 17<sup>TH</sup> FEB  
5PM  
HOLY FAMILY CHURCH GOWRIE

COME AND FIND OUT ABOUT A PARISH FORMATION PROGRAM DESIGNED FOR THOSE IN YRS 7-12 WHO HAVE AN INTEREST IN FAITH. THIS PROGRAM ALSO OFFERS A PATHWAY TO RECEIVE INITIATION INTO THE SACRAMENTS IF DESIRED. REGO VIA THE QR CODE.

WE LOOK FORWARD TO SEEING YOU THERE!

QUESTIONS?  
BERNADETTE.RAYNER@CG.CATHOLIC.EDU.AU

## ARCHDIOCESE EVENT NOTICES

### **09 February | Casual work for young people 18+ - Info Session - MFR School Ministry Team**

Want meaningful work in catholic schools?

Come see what we do and learn about a casual work opportunity

5–6pm · Monday 9th Feb

- Manuka (St Christopher's pastoral Centre)
- Pizza dinner provided
- RSVP to Charles on 0411 483 633 by 8th Feb

### **The CANBERRA BACH ENSEMBLE – Christe, du Lamm Gottes (Christ, Lamb of God)| 14 February**

Choir, orchestra, and soloists, directed by Andrew Koll. Come and enjoy four Bach **Cantatas BWV 22, 23, 127 & 233** on Saturday 14 February at 7.30pm, and Sunday 15 February at 2.00pm at St Christopher's Cathedral, Franklin Street, Manuka. For more info and to purchase tickets, please visit [www.canberrabachensemble.com](http://www.canberrabachensemble.com)

### **27 February – 1 March | Lenten Retreat: Meeting Christ in Our Deepest Need**

You are invited to a 3-session Lenten retreat, Meeting Christ in Our Deepest Need: A Lenten Journey, facilitated by Greg Sunter. Greg is an experienced facilitator with a strong background in small-group ministry. Holding Master's degrees in Theology and Education, he helps people engage deeply with Scripture, grow in prayer, and connect faith with daily life. He is well known for his parish newsletter gospel reflections, which explain Scripture in its historical and cultural context and relate it to contemporary lived experience. More about Greg: <https://www.wholehearted.com.au/about/>

Greg will reflect on this year's Lenten Gospels and there are time for personal reflection and optional sharing. Everyone is welcome no prior study needed and no pressure to speak.

Time:

- Friday 27th February 6.30 pm - 7.30 pm;
- Saturday 28th February 10 am -11 am;
- Sunday 1st March 4.30 pm - 5.30 pm

Place: 25 Blackham St, HOLT ACT 2615

Cost: \$20 for all 3 sessions Register: [belconnenwest@cg.org.au](mailto:belconnenwest@cg.org.au)

### **10 March | An Evening of Dialogue with Fr Laurence Freeman**

Marist College Canberra invites all members of the community to an Evening of Dialogue with Fr Laurence Freeman OSB.

Tuesday, 10 March | 7.00–8.30pm Venue: Marist College Canberra

Registration: <https://events.maristc.act.edu.au/eveningofdialogue2026>

The evening will offer a space for respectful dialogue on the National Marist theme 'Full of Grace, transformed by God's love' and its implications for Catholic education in the Canberra community.

The program includes a 30-minute keynote address by Fr Laurence Freeman OSB, followed by facilitated small-group dialogue and a Q&A session led by Genevieve Jacobs.

All are welcome.

### **12 March | Senior Student Forum: Prayer, Balance and Community | 9:00am – 10:20am**

The forum offers students an opportunity to learn about Benedictine Spirituality from Fr Laurence Freeman OSB, focusing on the importance of Prayer, Balance and Community for young people. Participants will also explore the value of Christian Meditation through a facilitated process.

The forum is open to five senior students from each Catholic school in the Archdiocese. Consider students who are seeking to know and love Jesus. A staff member from each school should also attend. RSVP: Please confirm attendance and student numbers by Friday, 20 February via email to Nathan Ahearne at [nathanahearne@mcc.act.edu.au](mailto:nathanahearne@mcc.act.edu.au)

Venue: Marist College Canberra

### **12 March | Catholic School Symposium: Forming a school of Dialogue | 12:00 – 3:00pm**

The Catholic School Symposium provides an opportunity for educators to consider the challenges and opportunities of contemporary evangelisation and deepen networks between schools. Its purpose is to strengthen Catholic Identity through building contemplative communities of genuine engagement, dialogue and prayer, and to deepen understanding of the intimate connection between prayer, resilience and wellbeing.

The day will include: welcome and introductions, a 30-minute address by Fr. Laurence Freeman OSB on "Forming a School of Dialogue", discussion in circle groups and Q&A, lunch break, and a plenary discussion.

Fr. Laurence Freeman OSB, a monk of the Benedictine Congregation of Monte Oliveto Maggiore, is director and spiritual guide of the World Community for Christian Meditation (WCCM), a global, inclusive, ecumenical contemplative community. Educated by the Benedictines, he studied English Literature at New College, Oxford University, and before entering monastic life worked with the United Nations in New York, in Banking and Journalism. John Main was his teacher, and Fr. Laurence assisted him in establishing the foundations of the Community. He is the author of several books on Christian Meditation and travels extensively giving presentations and leading retreats. RSVP: [NathanAhearne@mcc.act.edu.au](mailto:NathanAhearne@mcc.act.edu.au)

### **Volunteer with IMPACT**

Develop sustained self-reliant futures in overseas communities! Join Palms International Volunteering [online](https://palms.org.au) in this special session where you'll learn about our [diverse assignments](https://palms.org.au) suited to your qualifications. Hear from past Palms volunteers how skill-exchange makes a lasting impact in communities and changes lives. Venue:

Online- Scan the QR or register at [palms.org.au/events](https://palms.org.au/events) Date: Thursday 19 February 2026, Time: 7 pm – 8:30 pm AEDT. TP No: 02 9560 5333 [palms@palms.org.au](mailto:palms@palms.org.au) **Want to visit a community first?** Join our 13-day **Encounter**

**Tour to Timor Leste!** Book by **28 February** for the May tour! See [palms.org.au/encounters](https://palms.org.au/encounters)



**BAPTISM:** We welcome Harrison, Roisin, Lainey, Lola & Saxon into our Parish Community as they celebrate the sacrament of Baptism this weekend.

**RECENTLY DECEASED:** Hector Portillo (Uncle of Heydi Palomino), Greg Thornton, Fr Frank Fuchs, Adam Rennick, Wilma Nardi, Shiron, Scott McMahon, Patrick Bibrowicz, Flavia Peresan, Lynette Tankey, Kevin O’Shea, Maria Perre, Gerard Estrop, Paul Robertson, Dorothy Strickland, St Aileen Wailes RSM (Yass/Goulburn), Marie Smith, Joan Brearley, Sr. Elizabeth “Liz” West, Patricia Andrew, Patricia Betts, Tony Sayer, Denis O’Brien, John Luan Nguyen, Matthew McGrail-Penca; Wade Lovekin, Bishop Pat Power, Debra Bayley, Col Berryman, Dr Neil Harrigan, Patricia Patterson, Ofelia Co, Anna Ivec, Dennis Tarbuck, Dennis Sleigh, David Haire, Teresa Maiuto and Steven Gleeson. *May they rest in peace.*

**SICK:** *We pray for...* Megan Mann, Nicholas Stokes, Michael Weir, Fr Michael Mullens, Tom Davies, Nan Falson, Perry Hardman, Kaye Carrett, Lynn McMahon, Janice Lapworth, Alan Minjoot, Patricia Davies (a.k.a. Dr. P. Hilton), Harold Palmer McCann, Monique Hall, Bob Curtis, Monica Nulley-Valdes, Christopher Price, Geoff Cobden, Judy Reid, Anthony Kelly, Ray Brown, Adrien Samuel, Shane Davie, Maureen King, Sue, Johanna, Cassandra, Maverick Tracey, Francis Cheong, Christine Hall, Peter Maguire, Shona Johnstone, Brian Armstrong, Karen Nixon, Maurice and Vivienne Muscat, Annie Chamberlain, Perry Hardman, Jenny Keen, Wendy Roberts, Patrick Roberts, Harry Parvizi, Margaret Holberton, Gavin O’Brien, Flora Martone, June Lever, Hannah Thomas, Karen Nguyen, Delia Alexander, Jessica Bernadette Elena, Howard Murray, Diane Savage, Barbara Savage, Zenilda Gama, Ayla Haragli, Judith & Werner Kley, Melvyn & Cheryl Nerva, Merle Shep, Dot Pestana, Margaret Latham, *and all our sick family members, friends and parishioners.*

**BOOK OF REMEMBRANCE:** *During February we remember....* Florina Cabardo, Romeo Cabardo, Silvio Rossi, Domingo Apolinar, Joseph Merheb, Enrico Soriano, Mary Murray, Mary Daly, Lyle Swann, Mary-Anne McGrath, June Herbert, Vittorio Damo, Iluminada Beringuel, Stefano Carbone, Lirio Lukban, Geoffrey Rooney, Rosemary (Popsie) Serisier, Thomas Eaton, Rosario Marquez, Rodolfo Bautista, Rachael Tarlinton, Marjorie O’Brien, Basilia Aguilana, Mary-Jane Bluck, Ada Peisley, Dan McCarthy, Brian Fitzgerald, Umberto Benassi, William Hogan, Catherine Hudson, William Schultz, Shanice Johnson, Slavko Godec, Vincent McCarthy, Ernesto H. Belardo, Dionicio T. Belardo, Hermana H. Belardo, Herman Woltring. *and all of our loved ones who have gone before us marked with the sign of faith.*

*If you wish to have your loved one entered into our Book of Remembrance and remembered each year, you will find a form in the foyer.*

Roster 7th & 8th February 2026— 2nd Sunday of the Month					NEXT WEEK Roster 14th & 15th February 2026— 3rd Sunday of the Month			
	Saturday 6pm	Sunday 8am	Sunday 10am	Sunday 6pm	Saturday 6pm	Sunday 8am	Sunday 10am	Sunday 6pm
Acolyte/ Senior Server	<b>Tom</b>	<b>Nestor</b>	<b>Geoff</b>	<b>George</b>	Raul	Roehl	David	Tom
Altar Servers	<b>Alan R Michael W</b>	<b>Quinn L-J Riley L</b>	<b>Hannah C Liam V</b>	<b>Lily &amp; Edward M Chwoy A Joshua D</b>	Hunter E Neriah V	Chloe M Patrick M Samuel M	Chloe W Holly W Jakob K	James W Harrison W
Readers	<b>Anne G Megan B</b>	<b>Trudy D Mike K</b>	<b>Peter D Zed S</b>	<b>Adeline P Beth L</b>	Ann R Lynn B	Judy B Alwyn D	Maritess V Catherine D	Christine W Paddy M
Music/DPO	<b>CfC Ester D DPO Rudy S</b>	<b>Lorna G Jim R DPO Michelle T</b>	<b>Matt &amp; Gail W DPO Chloe W</b>	<b>Michelle W Graham &amp; Brigita</b>	Pete S DPO Michael B	Lorna G Geoff R DPO Han T	Jeremiah W DPO Samuel W	Chris & Paula
Offertory Procession	<b>volunteers</b>	<b>Agnes M</b>	<b>Velasco family</b>	<b>Beasley family</b>	Enna & Vic	Lau family	Walker family	<b>volunteers</b>
Eucharistic Ministers	<b>Roehl O Mark P</b>	<b>Gerry K Alwyn D</b>	<b>Bernadette R</b>	<b>Paddy M</b>	Lyz A Esther O	Trudy D Veronica M	Jane C Don V	Claudia M Meg T
Children’s Liturgy	<b>Susanne S</b>	<b>vacant</b>	<b>Erin W Helen J</b>	<b>vacant</b>	Kristy Everding	<b>vacant</b>	<b>vacant</b>	<b>vacant</b>
Cuppas	<b>vacant</b>	<b>Andrea Val</b>	<b>Lavinia &amp; family</b>	<b>vacant</b>	<b>vacant</b>	Alice & Aurora	Jane David	<b>vacant</b>
Collector bags & clear boxes	<b>Joseph S</b>	<b>Angie N</b>	<b>Omar H Maryanne</b>	<b>Brett L</b>	Edna S	Jason L Alice L	Gayle M	Paul W
Sanigun after Mass	<b>volunteers needed</b>	<b>volunteers needed</b>	<b>Omar &amp; Maryanne</b>	<b>volunteers needed</b>	<b>volunteers needed</b>	<b>volunteers needed</b>	Geoff	<b>volunteers needed</b>

If you wish to contribute monetarily to our parish we thank you. There is a number of ways that you can do it. via Direct Debit, you will find the forms at the entrance table in the foyer.

The blue Direct Debit Request is for the Central Presbytery Fund (1st Collection) and the Pink Direct Debit Request is for the Church (2nd Collection).

By Credit-Card, the yellow form is for the Presbytery Fund (1st Collection) and the purple form is for the Church Account (2nd Collection).

Alternatively you can donate using your credit-card via Qkr! or use the tap machines in the foyer of the church,

On our website at <https://www.bpoint.com.au/payments/corpuschristiparish>

Or Cash donations are collected at the metal collection points and with collection bags during mass. *We are very grateful for your donation.*