



CORPUS CHRISTI PARISH

South Tuggeranong



"BE WHO YOU WERE MEANT TO BE AND YOU WILL SET THE WORLD ON FIRE"
ST CATHERINE OF SIENA

Holy Family Church (HFC) and Office
167 Bugden Avenue, Gowrie ACT 2904

Sacred Heart Church (SHC)
100 Casey Cres, Calwell ACT 2905

Parish Suburbs: Banks, Calwell, Chisholm, Conder, Fadden, Gilmore, Gordon, Gowrie, Isabella Plains, Macarthur, Richardson, Theodore, Tharwa & rural surrounds in ACT.

Parish Schools: St Clare of Assisi, Conder; St Francis of Assisi, Calwell; Early Learning Centre - SFA, Holy Family School, Gowrie; Early Learning Centre - HFS, St Mary Mackillop College - Isabella and Wanniasa Campuses.

Website: <https://ccparish.org.au/>  <https://www.facebook.com/CCPTuggeranongSouth/>
Read our Parish Bulletins here: <https://ccparish.org.au/about-us/bulletin/>
Mass Sunday Livestream: <https://www.youtube.com/@corpuschristisouthtuggeran8526/streams>

PARISH PRIEST
Fr Simon Falk
simon.falk@cg.org.au
ASSISTANT PRIEST
Fr Mark Ha
mark.ha@cg.org.au
DEACON - Dcn Matt Ransom
PARISH OFFICE
Evelyn Pond 9-1 Tues to Fri
Inoka Fernando 9-1 Thurs/Fri

Ph: 02 6291 6688
Tuggeranongsouth@cg.org.au

21 & 22 February 2026

1st Sunday of Lent

What is happening this week?

Fri 20th Feb	05:00pm 05:30pm 06:00pm	HFC HFC HFC	Adoration Stations of the Cross Mass
Sat 21st Feb <i>St Peter Damian</i>	09:00am 10:00-11:00am 10:00am-12:30pm 05:00-05:30pm 06:00pm	SHC HFC Parish Centre HFC HFC	Mass First Rite of Reconciliation Older Child Baptism Preparation Session First Rite of Reconciliation Mass
Sun 22nd Feb <i>1st Sunday of Lent</i>	08:00am 10:00am 11:00am 11:30am 12:30pm 05:00-05:30pm 06:00pm	HFC HFC Parish Centre HFC HFC HFC HFC	Mass Mass (livestreamed) Families Gathering Older Child Baptisms (first set) Older Child Baptisms (second set) First Rite of Reconciliation Mass
Mon 23rd Feb <i>St Polycarp</i>	Office closed. 09:00am	Parish Centre	RCIA
Tues 24th Feb	05:30pm 06:30-07:30pm	HFC HFC	Mass Parish School of Religion
Wed 25th Feb	09:30am 05:30-06:00pm 07:00pm 07:00-8:00pm	SHC HFC Parish Centre HFC	Mass followed by Rosary Novena with Nestor RCIA Parent Information Evening (Reconciliation)
Thurs 26th Feb	07:00am 05:30-6:30pm	HFC HFC	Mass Parent Information Evening (Reconciliation)
Fri 27th Feb <i>St Gregory of Narek</i>	05:00pm 05:30pm 06:00pm	HFC HFC HFC	Adoration Stations of the Cross Mass



SACRAMENTAL CO-ORDINATOR
Orla Rutledge
tuggeranongsouth.sacraments@cg.org.au

PARISH PASTORAL COUNCIL
Rachel Kennedy (Chair)
tuggeranongsouth.ppc@cg.org.au

PARISH FINANCE COUNCIL
Gerard Heffernan (Chair)

PASTORAL CARE CO-ORDINATOR
Agnes Miller (volunteer)
Barb Cologon (volunteer)

PARISH SAFEGUARDING VOLUNTEERS
Anne Gowen
Kristy Everding
tuggeranongsouth.safeguarding@cg.org.au

YOUTH CO-ORDINATORS
Sophia Kesina and Dannica Mathias.
tuggeranongsouth@cg.org.au

PARISH SCHOOL OF RELIGION CO-ORDINATOR
Kim Peisley (volunteer)

PARISH SCHOOLS

ST CLARE OF ASSISI
CONDOR
Matt Egan-Richards (Principal)
Phone: 6294 1860

ST FRANCIS OF ASSISI
CALWELL
Sean Rutledge (Principal)
Phone: 6292 4500

EARLY LEARNING CENTRE
SFA CALWELL
Gabrielle Adams (Director)
Phone: 02 6292 4500

HOLY FAMILY
GOWRIE
Kate Markcrow (Principal)
Phone: 6292 1222

EARLY LEARNING CENTRE
HFS GOWRIE
Jessica Stammers (Director)
Phone: 6292 7932

ST MARY MACKILLOP COLLEGE
ISABELLA PLAINS & WANNIASSA
Jacqueline Heffernan (Principal)
Phone: 6209 0100

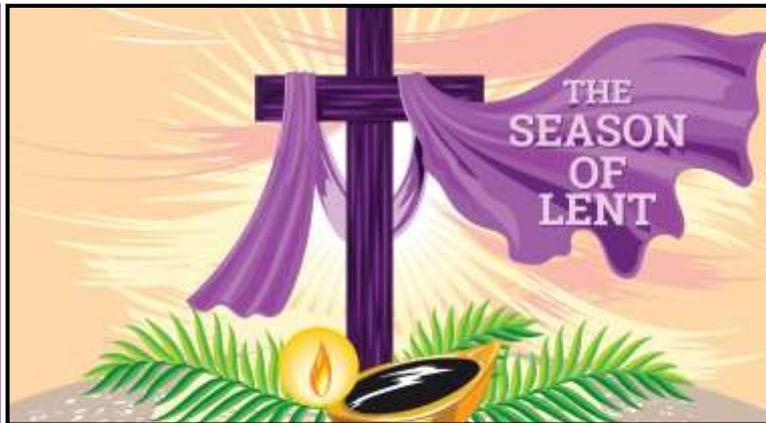
Parish Safeguarding Commitment:

Corpus Christi Parish is committed to safeguarding and upholding the dignity and rights of all of our children and vulnerable people. We seek to empower children, their families and carers, and vulnerable people, to have a say, to be listened to, and to be protected. This approach is at the center of all of our thinking and action. For more information, visit the Canberra Archdiocese website at: <https://cgcatholic.org.au/professional-standards>.

Communicating Concerns: Parishioners are encouraged to raise any concerns they may have by emailing Fr Simon or the Parish Office. Alternately, please phone the Parish Office to organise a time to talk with Fr Simon. Specific safeguarding issues can also be emailed to Maria Hicks, Manager for the Archdiocese's Institute for Professional Standards & Safeguarding (IPSS) by emailing ipss@cg.org.au or phone 02 6239 9806.

Parish Lenten Program 2026:

The Lenten program has already commenced and it will continue on Monday evenings 23 Feb and 2, 9, 16 & 23 March at 7pm-8.15pm in Holy Family Church. If you wish to join, you can email the parish office or Sharon Brewer, who will be facilitating the evenings, shazbrew@internode.on.net. A donation of \$10 to cover the book would be appreciated. We are using the program from Wollongong Diocese. The night comprises Scripture, prayers, reflection time, small group discussion and a simple supper. If you can't make every night, that's okay. We hope this is an opportunity for you to grow in faith and community during the Lenten season.



LENT

Fridays During Lent at HFC

5:00pm Adoration

5:30pm, Stations of the Cross

6:00pm Mass

The First Rite of Reconciliation at HFC

Each Saturday 10:00-11:00am

and 05:00-05:30pm

Sundays from 5:00pm to 5:30pm

The Second Rite of Reconciliation

Will be on Wednesday 25th March at 7pm

Old Blessed Palms

Please bring your blessed palms from last year's Palm Sunday and place them in the basket located in the foyer. These palms will be burnt and processed into ashes.



Volunteers needed for Altar Linen Roster

We are looking for some volunteers to fill in our Altar Linen Roster for the months of March & November. If you're interested, please contact the Parish Office. Thank you.



'Sick List' in the Bulletin

If you or your loved one has recovered and no longer requires prayers for healing please let us know so we can update our sick list in the bulletin.

Parish Youth Co-ordinators 2026

Join a Community of faith, formation & Mission

Parish Youth Co-ordinators work in teams in local parishes, employed from 2.5hrs - 5hrs per week. They gather throughout the year with young adults, priests and mentors for formation and prayer.

Make a difference - Apply before Feb 28

Jump into the opportunity to serve in the life of the Church, develop leadership skills, and make a meaningful difference in lives and faith of others, while you work, study or take a gap year.

cgevangelisation.org.au/parish-youth-coordinator

Corpus Christi Footy Tipping competitions

Lent is here and the Footy season is just around the corner. The parish runs two footy tipping competitions, one for AFL and another one for NRL. The purpose is to promote community connection and for charity. There is prize money as well. If you would like to participate contact John Brewer on Johnbrew@internode.on.net to find out more.

Thank you to all parishioners who purchased East Timorese Friendship coffee last weekend or made a donation. Through this activity the parish supports a braille teacher in Timor-Leste, Prisca. Prisca helps three children, Brigida who has low vision, Anabela, who has severe hearing loss and Fevia, who has speech difficulties.

**PROJECT
COMPASSION**

 **Caritas
AUSTRALIA**

Caritas Lenten Program - 2026

Unite Against Poverty this Lent

This Lent, you can help vulnerable communities break the cycle of poverty and build sustainable futures. Every step you take, every Lent event you host, every dollar you raise brings hope and change to vulnerable families around the world.

Take a Lenten Donation Money box from the church foyer and return it at the end of Lent. Your donation helps Caritas Australia in their work with local communities around the world to end poverty, promote justice and uphold dignity.

For more info: visit projectcompassion.org.au



ARCHDIOCESE EVENT NOTICES

27 February – 1 March | Lenten Retreat: Meeting Christ in Our Deepest Need

You are invited to a 3-session Lenten retreat, Meeting Christ in Our Deepest Need: A Lenten Journey, facilitated by Greg Sunter. Greg is an experienced facilitator with a strong background in small-group ministry. Holding Master's degrees in Theology and Education, he helps people engage deeply with Scripture, grow in prayer, and connect faith with daily life. He is well known for his parish newsletter gospel reflections, which explain Scripture in its historical and cultural context and relate it to contemporary lived experience. More about Greg: <https://www.wholehearted.com.au/about/>

Greg will reflect on this year's Lenten Gospels and there are time for personal reflection and optional sharing. Everyone is welcome no prior study needed and no pressure to speak.

Time: - Friday 27th February 6.30 pm - 7.30 pm;

- Saturday 28th February 10 am -11 am;

- Sunday 1st March 4.30 pm - 5.30 pm

Place: 25 Blackham St, HOLT ACT 2615

Cost: \$20 for all 3 sessions Register: belconnenwest@cg.org.au

5 March | Archdiocesan Women's Taskforce International Women's Day Breakfast

The 2026 International Women's Day Breakfast event, hosted by the Archdiocesan Women's Taskforce will be held on 5th March from 7.30 am at the Ainslie Football Club. This year's guest speaker Chiara Porro, Australian diplomat and former Ambassador to the Holy See, will share her experience in her role.

Cost: \$45. More information at <https://www.cgwomen.com.au/>

Registrations: <https://events.humanitix.com/international-women-s-day-breakfast-2026-ty8dvmx7>

Enquiries: Helena Zobec 0405 440 463

10 March | Evening of Dialogue with Fr Laurence Freeman | 2:00pm

Marist College Canberra invites all members of the community to an Evening of Dialogue with Fr Laurence Freeman OSB. Tuesday, 10 March | 7.00–8.30pm Venue: Marist College Canberra Registration: <https://events.maristc.act.edu.au/eveningofdialogue2026>

The evening will offer a space for respectful dialogue on the National Marist theme 'Full of Grace, transformed by God's love' and its implications for Catholic education in the Canberra community.

The program includes a 30-minute keynote address by Fr Laurence Freeman OSB, followed by facilitated small-group dialogue and a Q&A session led by Genevieve Jacobs. All are welcome.

12 March | Catholic School Symposium: Forming a school of Dialogue | 12:00 – 3:00pm

The Catholic School Symposium provides an opportunity for educators to consider the challenges and opportunities of contemporary evangelisation and deepen networks between schools. Its purpose is to strengthen Catholic Identity through building contemplative communities of genuine engagement, dialogue and prayer, and to deepen understanding of the intimate connection between prayer, resilience and wellbeing.

The day will include: welcome and introductions, a 30-minute address by Fr. Laurence Freeman OSB on "Forming a School of Dialogue", discussion in circle groups and Q&A, lunch break, and a plenary discussion.

Fr. Laurence Freeman OSB, a monk of the Benedictine Congregation of Monte Oliveto Maggiore, is director and spiritual guide of the World Community for Christian Meditation (WCCM), a global, inclusive, ecumenical contemplative community. Educated by the Benedictines, he studied English Literature at New College, Oxford University, and before entering monastic life worked with the United Nations in New York, in Banking and Journalism. John Main was his teacher, and Fr. Laurence assisted him in establishing the foundations of the Community. He is the author of several books on Christian Meditation and travels extensively giving presentations and leading retreats. RSVP: NathanAhearne@mcc.act.edu.au

14 March | Behold & Resound - Liturgy and Music Workshop

Come experience a day of faith, beauty and renewal.

10am - 3.30pm at St John Vianney Church, Waramanga. Register by 10 March at cgevangelisation.org.au/bar

This gathering will explore different ways the church invites us to pray. Come find out what helps or hinders meaningful worship, and the call to active participation, revealing how liturgy doesn't just shape personal faith but also builds community, and renews parish life.



Samoan Mass at St Matthew's Church, Page

Everyone is invited to join Samoan Mass at St Matthew's Church, Page. The Mass commences at 12.30PM on the 4th Sunday of the Month.

Planning to marry in the Catholic Church?

Go to the Archdiocesan Marriage and Family webpage (without delay) for information and to choose a marriage preparation program that suits at www.marriagefamily.org.au

For enquiries email marriage.preparation@cg.org.au or text Helena on 0405 440 463

Got your Wedding Plans under control?

How prepared are you for marriage? Engaged Encounter provides you with deeper insights into each other and into married life. We give you a chance to spend time together to strengthen and enrich your relationship. For further information visit our web site: www.engagedencounter.org.au. Choose any of the coming Weekends: May 23- 24, Aug 8-9

Follow Catholic Voice

<https://www.facebook.com/CatholicVoiceAustralia/>

<https://www.instagram.com/thecatholicvoice/>

<https://www.youtube.com/catholicvoice>

BAPTISM: We welcome Matthew, Ashley, Max, Amelia, Harper, Kai, Isla, Erin, Leo, Remy, Archie, Kane & Max into our Parish Community as they celebrate the sacrament of Baptism this weekend.

RECENTLY DECEASED: Elaine Plumb, Josephine Jarrett, Rafael Santos, Hector Portillo, Florencia Davila, Hector Palomino, Greg Thornton, Fr Frank Fuchs, Adam Rennick, Wilma Nardi, Sharon, Scott McMahon, Patrick Bibrowicz, Flavia Peresan, Lynette Tankey, Kevin O’Shea, Maria Perre, Gerard Estrop, Paul Robertson, Dorothy Strickland, St Aileen Wailes RSM (Yass/Goulburn), Marie Smith, Joan Brearley, Sr. Elizabeth “Liz” West, Patricia Andrew, Patricia Betts, Tony Sayer, Denis O’Brien, John Luan Nguyen, Matthew McGrail-Penca; Wade Lovekin, Bishop Pat Power, Debra Bayley, Col Berryman, Dr Neil Harrigan, Patricia Patterson, Ofelia Co, Anna Ivec, Dennis Tarbuck, Dennis Sleigh, David Haire, Teresa Maiuto and Steven Gleeson. *May they rest in peace.*

SICK: *We pray for...* Beryl Adams, Dorothy Swann, Pam Johnston, Megan Mann, Nicholas Stokes, Michael Weir, Fr Michael Mullen, Tom Davies, Nan Falson, Perry Hardman, Kaye Carrett, Lynn McMahon, Janice Lapworth, Alan Minjoot, Patricia Davies (a.k.a. Dr. P. Hilton), Harold Palmer McCann, Monique Hall, Bob Curtis, Monica Nulley-Valdes, Christopher Price, Geoff Cobden, Judy Reid, Anthony Kelly, Ray Brown, Adrien Samuel, Shane Davie, Maureen King, Sue, Johanna, Cassandra, Maverick Tracey, Francis Cheong, Christine Hall, Peter Maguire, Shona Johnstone, Brian Armstrong, Karen Nixon, Maurice and Vivienne Muscat, Annie Chamberlain, Jenny Keen, Wendy Roberts, Patrick Roberts, Harry Parvizi, Margaret Holberton, Gavin O’Brien, Flora Martone, June Lever, Hannah Thomas, Karen Nguyen, Delia Alexander, Jessica Bernadette Elena, Howard Murray, Diane Savage, Barbara Savage, Zenilda Gama, Ayla Haragli, Judith & Werner Kley, Melvyn & Cheryl Nerva, Merle Shep, Dot Pestana, Margaret Latham, *and all our sick family members, friends and parishioners.*

BOOK OF REMEMBRANCE: *During February we remember...* Florina Cabardo, Romeo Cabardo, Silvio Rossi, Domingo Apolinar, Joseph Merheb, Enrico Soriano, Mary Murray, Mary Daly, Lyle Swann, Mary-Anne McGrath, June Herbert, Vittorio Damo, Iluminada Beringuel, Stefano Carbone, Lirio Lukban, Geoffrey Rooney, Rosemary (Popsie) Serisier, Thomas Eaton, Rosario Marquez, Rodolfo Bautista, Rachael Tarlinton, Marjorie O’Brien, Basilia Aguilana, Mary-Jane Bluck, Ada Peisley, Dan McCarthy, Brian Fitzgerald, Umberto Benassi, William Hogan, Catherine Hudson, William Schultz, Shanice Johnson, Slavko Godec, Vincent McCarthy, Ernesto H. Belardo, Dionicio T. Belardo, Hermana H. Belardo, Herman Woltring. *and all of our loved ones who have gone before us marked with the sign of faith.*
If you wish to have your loved one entered into our Book of Remembrance and remembered each year, you will find a form in the foyer.

Roster 21st & 22nd February 2026— 4th Sunday of the Month					NEXT WEEK Roster 28th February & 1st March 2026— 1st Sunday of the Month			
	Saturday 6pm	Sunday 8am	Sunday 10am	Sunday 6pm	Saturday 6pm	Sunday 8am	Sunday 10am	Sunday 6pm
Acolyte/ Senior Server	Eugene	Val	Max	Claudia	Roehl	Val	David	John
Altar Servers	Kane V Jed C	Riley L Patrick M	Scarlet C Jakob K	Joe P Max P	Hunter E Neriah V	Riley L	Kingson c Jakob K	Ryan A Nicola A Elena N-V
Readers	Roehl O Suzanne M	Kerry W Erica D	James M Monique E	Lisa C Paula B	Megan B Mark P	Angie N Gerry K	Helen J Bernadette R	Annabelle N Bob C
Music/DPO	CfC Ester D DPO Rudy S	Lorna G Geoff R DPO Han T	Des & Liz G DPO Tom B	Gerard H Brigita O	Pete S DPO Susanne S	Lorna G Jim R DPO Angus T	Christopher G & Youth Group DPO Steven W	Chris & Paula B
Offertory Procession	Cruz Family	Erica D	Amy & Annabelle	Pond family	Edna S Tom K	Lucas family	Lovelock family	volunteers
Eucharistic Ministers	Ann R Anne G	Angie N Jennifer H	Denise M Peter D	Bob C Jane M	Suzanne M Irena C	Gerard B Christ H	Ophelia D-C Denise M	Tiffany R Lisa C
Children’s Liturgy	vacant	vacant	Amy S Jesse W	vacant	Kristy E	vacant	Jo-Ann C Chloe M	Izzy J Amanda D
Cuppas	vacant	Laura & Chloe	Marian & Ian	vacant	vacant	Crispin family	Morning Beans Group	Jo Ann N
Collector bags & clear boxes	Joseph S	Gerard B	Geoff S	Ophelia D-C	Christine O	Agnes M	Marian B	Penny O
Sanigun after Mass	vacant	vacant	vacant	vacant	volunteers needed	volunteers needed	Gayle	Gill

If you wish to contribute monetarily to our parish we thank you. There is a number of ways that you can do it. via **Direct Debit**, you will find the forms at the entrance table in the foyer.

The blue Direct Debit Request is for the Central Presbytery Fund (1st Collection) and the Pink Direct Debit Request is for the Church (2nd Collection).

By **Credit-Card**, the yellow form is for the Presbytery Fund (1st Collection) and the purple form is for the Church Account (2nd Collection).

Alternatively you can donate using your credit-card via Qkr! or use the tap machines in the foyer of the church,

On our website at <https://www.bpoin.com.au/payments/corpuschristiparish>

Or **Cash** donations are collected at the metal collection points and with collection bags during mass. *We are very grateful for your donation.*