

# 2024 FIRST EUCHARIST DATES

## **Eucharist Formation Sessions for Parents/Carers**

This session is a compulsory component of the program even if you have had children go through the program in previous years you are expected to attend. The sessions are designed for adult learning and formation, giving new insights into reflections on the Eucharist. You need to attend **one** of these sessions:

Date: Wednesday 24<sup>th</sup> July, Session 1      **Time: 7.00pm- 8.00pm OR**  
Thursday 25<sup>th</sup> July, Session 2      **Time: 5.30pm-6.30pm**

Venue: Holy Family Church

**Please note the two different start times.**

More detailed information regarding First Eucharist will be shared at this meeting as well. You will also be given your child's sacramental stole at the conclusion of the meeting.

## **Eucharist Commitment Masses**

You are required to present your child to the parish community as a candidate for First Eucharist by attending **one** of the eight weekend Masses below. Commitment Forms and Prayer Cards will be given out at the Parent Formation Night.

Mass times are: Saturday at 6.00pm

Sunday at 8.00am; 10.00am OR 6.00pm

- **Saturday/Sunday 3 August & 4 August**
- **Saturday/Sunday 10 August & 11 August**

Please fill in the Commitment Form and **BRING IT WITH YOU** to the Mass.

A copy can be found at the back of this booklet. Your child will need to bring their Prayer Cards as well. The children can hand these out to parishioners in the foyer after Mass, saying "Please pray for me."

## **Eucharist Home Sessions**

Parents and Carers will be required to work through four prayer activity sessions with their child over a period of four weeks. The sessions form the core of the parental preparation of their children for their First Communion. Each session is meant to be 30 minutes long, starting with a reflection, an activity and a prayer.

The Home Sessions will be sent out by email from the Parish Office on:

Friday 9 August (Term 3, Week 3) - Jesus said, "I am the Bread of Life"

Friday 16 August (Term 3, Week 4)- Stole making session – "Putting On Christ"

Friday 23 August (Term 3, Week 5)- Actions & Gestures used at Mass

Friday 30 August (Term 3, Week 6)- "Lord I am not worthy" – Rite of the Mass.

## **PLEASE NOTE – ALL INSTRUCTIONS ABOUT HOW TO DECORATE YOUR CHILD'S SACRAMENTAL STOLE ARE INCLUDED IN HOME SESSION 2**

Work needs to be submitted. Students from the three parish Catholic schools, please submit your work to your classroom teacher using your usual homework sharing platform. Parish School of Religion you can give your work to Lyn or email it

to Kim on [kim.peisley@outlook.com](mailto:kim.peisley@outlook.com)

Marist students can send their work to [tuggeranongsouth.sacraments@cg.org.au](mailto:tuggeranongsouth.sacraments@cg.org.au)

## **Eucharist Retreat Days – Days of Reflection and Prayer**

### **All retreat days are held at Holy Family Church Gowrie (and surrounds)**

Children attending one of our three parish schools will attend school as normal on their allocated day. Your child's school will provide more information closer to the date.

Lunch will be provided for the daytime retreats. Students to bring fruit, recess, hat and **coloured pencils and pens in a pencil case**.

Times for each of the daytime retreats Retreat Days: 9.30am-2.15pm

Tuesday 27<sup>th</sup> August Eucharist Retreat Day SFA & Marist

Wednesday 28<sup>th</sup> August Eucharist Retreat Day SCA and PSR

Thursday 29<sup>th</sup> August Eucharist Retreat Day Holy Family

## **First Eucharist Masses**

First Eucharist Masses will be celebrated over three weekends at the Saturday 6.00pm Mass and the Sunday 8.00am, 10.00am and 6.00pm parish Masses.

Each school has been allocated a weekend for your child's First Eucharist. You will be given opportunity to nominate the Mass of your choice for your weekend.

You will need to book the Mass of your choice using the parish Qkr! app. There will be allocated seating for each family. There is a limit to each Mass and once spaces are taken, access to that Mass is then blocked. If you have a particular need or require help with the process please do not hesitate to contact the Parish office.

First Eucharist will be celebrated on the following weekends:

**Saturday 7<sup>th</sup> September & Sunday 8<sup>th</sup> September – Holy Family School**

**Saturday 14<sup>th</sup> September & Sunday 15<sup>th</sup> September – St Clare of Assisi & Parish School of Religion**

**Saturday 21<sup>st</sup> September & Sunday 22<sup>nd</sup> September – St Francis of Assisi & Marist.**

**Online bookings via Qkr! will open on MONDAY 5<sup>th</sup> AUGUST and close FRIDAY 16<sup>th</sup> AUGUST,**

Parents are responsible for their child's stole. You will need to bring it with you to Mass. A basket will be provided in the foyer of the Church for you to hand back your child's stole after Mass.

## **What should the First Communicant wear?**

All children will be wearing the stole they have prepared.

You may choose what your child wears. The 'outfit' should be neat and tidy and respectfully suitable for the occasion. Tops with visible 'logos' should be avoided. Your child's choice of footwear should not hinder them from easily walking around the Church (e.g. avoid very high heels).

Please ensure that your child brings their sacramental stole to the church and wears it during the Mass.

### **What about photos?**

No photos or videos are to be taken during the sacred celebration of the Mass. There will be opportunity for you to take your individual photos after Mass. Fr James & Fr Namora will be available for individual photos with your child.

### **What gifts can be given?**

Each child will receive a stole pin and a certificate. Good gift ideas can be found at the Catholic Bookshop in Manuka (6239 9888). Carricks's Catholic Resource Centre in Braidwood also has online ordering facilities. <http://www.carricks.com.au>

**CONTACTS:** If you have any questions or concerns, please contact us:

*Sacramental Assistant*

[tuggeranongsouth.sacraments@cg.org.au](mailto:tuggeranongsouth.sacraments@cg.org.au)

*The Parish Office:*

Fr James T Antony - Parish Priest  
Fr Namora Anderson - Assistant Priest  
Evelyn or Maureen - Parish Secretaries  
Phone 6291 6688 [Tuggeranongsouth@cg.org.au](mailto:Tuggeranongsouth@cg.org.au)

*Religious Education Co-ordinators:*

Theresa Terry	- Holy Family School	6292 1222
Sharee Thomas	- St Francis of Assisi School	6292 4500
Susan Strickland	- St Clare of Assisi School	6294 1860
<i>Parish School of Religion</i>	- Kim Peisley	0405 344 741

### **ACKNOWLEDGMENTS/RESOURCES**

*Together at One Altar* <https://www.togetheratonealtar.catholic.edu.au/>

Youcat For Kids – Catholic Catechism for Children & Parents – Forward by Pope Francis; ISBN 9780648323303

Thank you for continuing to support your child's sacramental faith journey.  
Sacramental Assistant on behalf of the Sacramental Team.